



# Week 1 - Spring/Summer Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b>	Selection of Cereals	Selection of Cereals	Selection of Cereals	Selection of Cereals	Selection of Cereals
<b>Snack</b>	Breadsticks and Mixed Vegetable Sticks	Toast, Spread & Apple Slices	Yoghurt and Sliced Bananas	Wholemeal Toast with Spread	Banana slices
<b>Lunch</b>	Fruity Chicken Curry with White Rice	Lasagne with Garlic Bread and Mixed Salad	Chicken Dinner Veg & Boiled Potatoes	Fish Pie with Peas and Sweetcorn	Bean and Sausage Wholemeal Pasta Bake
<b>Dessert</b>	Seasonal Fruit Salad	Strawberry Fool	Pineapple Upside-Down Pudding with Custard	Blueberry Sponge Cake	Plain Greek Yoghurt with Fruit Puree
<b>Snack</b>	Cheese and Sliced Tomatoes	Pineapple Slices	Pitta Bread and Humus	Mixed Chopped Seasonal Fruit	Cucumber and Carrot Sticks with Crackers and Cream Cheese
<b>Tea</b>	Creamy Mash with Tomato & Bean Sauce	Fish Finger Sandwich with Tomato Relish	Tomato & Mascarpone Pasta with Peas	Wholemeal English Muffin Pizza with various Toppings	Selection of Sandwiches with Corn Snacks
<b>Dessert</b>	Frozen Strawberry Yoghurt	Seasonal Fruit Salad	Rice Pudding with Peach Puree	Fruit Yoghurt	Apple Slices & Sultanas



## Week 2 - Spring/Summer Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b>	Selection of Cereals	Selection of Cereals	Selection of Cereals	Selection of Cereals	Selection of Cereals
<b>Snack</b>	Breadsticks and Dips	Pepper Sticks & Tomato Slices	Wholemeal Toast with Spread & Fruit	Banana Slices	Crackers & Cream Cheese
<b>Lunch</b>	Barbecue Chicken with New Potatoes and Roasted Vegetables	Vegetable & Spinach Curry with White Rice & Naan	Steamed Cod in Tomato & Pepper Sauce with Couscous & Green Beans	Creamy Mixed Vegetables with Brown Rice	Meatballs with Spaghetti
<b>Dessert</b>	Lemon & Sultana Cake	Seasonal Fruit Salad	Banana Loaf	Fruit Jelly & Ice Cream	Peach Fool Ripple
<b>Snack</b>	Peach Slices	Oatcakes & Cream Cheese	Cucumber & Carrot Sticks	Crackers & Tomato Slices	Melon & Blueberries
<b>Tea</b>	Mixed Veg & Rice Salad	Sardine Pate on Toast with Grilled Tomatoes	Scrambled Egg & Ham with Pitta Bread	Variety of Wraps with Lettuce & Cucumber	Cheese & Tomato Pinwheels
<b>Dessert</b>	Fruit Yoghurt Pots	Rice Pudding with Fruit Compote	Seasonal Fruit Kebabs	Plain Greek Yoghurt with Strawberries & Blackcurrants	Pineapple Slices



## Week 3 - Spring/Summer Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b>	Selection of Cereals	Selection of Cereals	Selection of Cereals	Selection of Cereals	Selection of Cereals
<b>Snack</b>	Peach Slices & Plain Yoghurt	Breadsticks with Carrot & Peppers	Mixed Berries & Plain Yoghurt	Wholemeal Toast with Spread	Sugar Snap Peas & Hummus
<b>Lunch</b>	Shepherds Pie with Vegetables	Pasta Primavera with Garlic Bread	Ham with Parsley Sauce, New Potatoes & Green Beans	Cod & Spinach Curry with White Rice	Chicken & Vegetable Pie with Roast Potatoes & Spring Greens
<b>Dessert</b>	Banana Buns	Summer Crumble & Custard	Seasonal Fruit Platter	Creamy Apricot Dessert	Yoghurt & Dried Apricots
<b>Snack</b>	Toast & Spread	Banana & Yoghurt	Pitta Bread & Dip	Pepper Sticks & Cheese	Rice Cakes, Cucumber Sticks & Tomatoes
<b>Tea</b>	Egg Mayonnaise Sandwiches	Lamb & Mint Koftas with Tomato Sauce & Wholemeal Pitta	Salmon & Broccoli Pasta with Sweetcorn	Potato & Cheese Pie	Bean & Vegetable Enchiladas
<b>Dessert</b>	Frozen Strawberry Yoghurt	Melon Bo	Semolina & Peach Compote	Fruit Yoghurt	Dairy Ice Cream & Mango Slices